Wisconsin state Sen. Fred A. Risser represents District 26, including parts of the state’s capital city, Madison. The World War II veteran has tackled a number of issues in his 60 years in the Legislature—public safety and justice, education, and elections among others. He also has been a leader at the national level, having previously served as chair of the CSG Midwestern Legislative Conference and as a member of the CSG Executive Committee. And it appears that there is no slowing down for this practicing attorney and great-grandfather.

Here is a (busy) day in the life of Wisconsin state Sen. Fred Risser.

Risser and his wife, Nancy, enjoy coffee together at EVP Coffee Shop in Madison, Wisconsin, before starting the day’s activities. Risser represents the State Capitol area in the Legislature and lives in his State Senate district.

Risser meets with a constituent in his Capitol office. When the Legislature is not in session, he spends mornings in the Capitol and is available for meetings with constituents.

Risser is an avid bicyclist and enjoys a noon biking break whenever he gets the chance. He generally rides about 20 miles a trip.

Did you know? Sen. Fred Risser is the longest-serving state legislator in the history of Wisconsin and the entire United States. First elected to the Wisconsin State Assembly in 1956, he was elected to the State Senate in 1962. He has served as senate president for a total of 25 years.