

Medicaid & Individuals with Complex Health Needs

CSG

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Background: Intellectual Disability and Autism (ID/A) services in PA's Medicaid program

- 58,000 people enrolled – all ages
- Four 1915(c) home and community based services waivers - 38,500 enrollees
 - “Comprehensive” waiver per person cost \$211k/yr
- Intermediate Care Facilities – 2,200 people
- Targeted Supports Management – approximately 20k individuals
- FY23-24 budget \$6B+
- Current cost management strategies
 - Waiting list for enrollment
 - 2 of the four waivers are capped

Primary Characteristics Complex Health Care Needs

- **Children with Medically Complex Conditions**
- Behaviorally Complex
 - 59% adults with IDD co-occurring IDD and mental illness*
 - 1:36 8 year olds autism spectrum disorder and a third of them with ID
- Multi-system involvement
 - Children with disabilities 4x more likely to be abused
 - Criminal justice system involvement
- Aging adults with IDD

*2023 Medicare data analysis

Pennsylvanian Children with Medically Complex Conditions

Data from 2019 Medicaid Claims Data Analysis

240 children with medical complexities in congregate settings

2,709 children with similar diagnostic profiles in community settings (1,380 of these children used more than 120 hours of home health services annually)

448 children enrolled for Pediatric Extended Care Center (PECC) services in 2018



Children need loving and caring adults.

Improve supports to families (birth, adoptive, foster) so that children can grow to full adulthood living at home with a bond to a loving adult.

Create family-based alternatives so that children who cannot live with birth families can grow to adulthood living in an alternative home with a bond to a loving adult.

Changes in Medicaid Program Service Delivery for Children with Medical Complexities

- Expanded eligibility in 1915(c) home and community based waivers
- Prioritized population for enrollment in a waiting list environment
- Expanded benefits to address gaps
 - Family Support Assistance
 - Higher benefit limitations
 - Lifesharing by relatives
- Referral requirements in contracts of PH-MCOs

Resource and Capacity Building

- Medicaid Administration
 - Development and funding of family facilitator position
 - Training resources for professionals
 - Pediatric Complex Care Resource Centers
- Money Follows the Person
 - Include the <21 population at risk of institutionalization
 - Capacity Building Institute to address needs of children with multi-system involvement
- Department hosted provider forums
 - Assemble current and potential providers for service expansion
 - Encourage resource and promising practice