## **MEDICAID'S CAPACITY AS A SAFETY NET PROGRAM** LESSONS FROM THE COVID-19 PUBLIC HEALTH EMERGENCY

JOSEPH BENITEZ, PHD

UNIVERSITY OF KENTUCKY JOSEPH.BENITEZ@UKY.EDU HTTPS://CPH.UKY.EDU/DEPARTMENTS/HEALTH-MANAGEMENT-POLICY



dit footer to add department / title name



### THE MEDICAID POPULATION

Although a health insurance program for the '**poor**,' Medicaid has important role beyond core population

- Benefits of Medicaid generally known for *chronically poor* population
- Continuing to learn more about Medicaid's role for people <u>outside</u> traditional Medicaid Population
- Expansions in eligibility guidelines allow for estimating the effects of Medicaid coverage and generating new insights about coverage gains among the poor
- Unexpected job loss (unemployment) associated with spells of unanticipated financial hardship and short-term transitions into poverty
- Broader use among Medicaid as a safety net program where function is similar and complementary to unemployment insurance
  - Unemployment insurance stabilizes household financing following job loss
  - Medicaid could stabilize health care access following job loss





#### ROLE FOR MEDICAID IN ABSENCE OF EMPLOYER-SPONSORED HEALTH INSURANCE

2 in 3 Americans have private health insurance coverage--over half (54%) of all Americans receive coverage through employer-sponsored benefits in 2021.

- Becoming unemployed can result in becoming uninsured, coverage loss due to joblessness or work instability can result in:
  - Limited access to health care
  - Declines in physical and mental health
  - Financial risks of trading off between maintaining household expenses with health care expenses or incurring medical debt
    - Can be larger risks for households with underlying medical needs (e.g., chronic conditions or prescription therapies)
- Healthcare access vulnerable during economic downturns or household financial uncertainty when coverage is coupled with work status

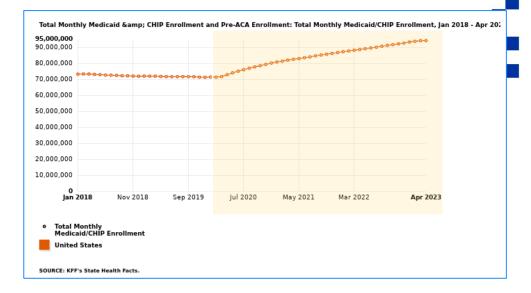


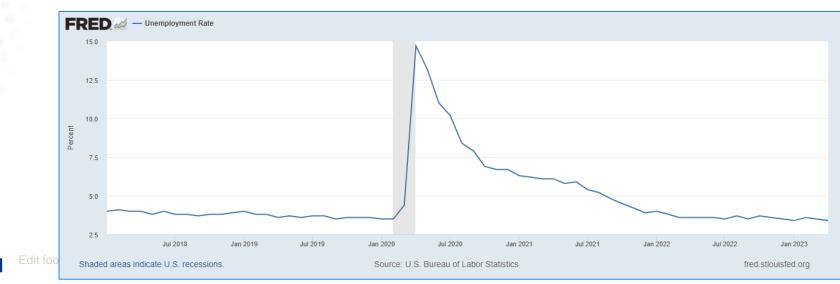


#### MEDICAID ENROLLMENT DURING THE COVID-19 PUBLIC HEALTH EMERGENCY

## Medicaid enrollment 94.1M as of April 2023

- Up 31% from 71.6M in February 2020 (just prior to PHE's onset)
- Enrollment #s reflect official totals provided to CMS from the states
  - New enrollees
  - Pre-PHE enrollees that were allowed to continuously enroll because of





#### **MEDICAID ENROLLMENT AND POTENTIAL BENEFITS FOR** LY UNEMPLOYED

... I was UNEMPLOYED with NO MEDICAL **INSURANCE...** I suspected that I have [COVID-19] as I was very ill and having difficulty breathing. The Emergency room doctor here ran extremely expensive test[s], most of which were unnecessary... **Thousands** of dollars I have been charged just to go to the emergency room to make sure I did not have COVID. ... Now they have turned me over to a collection agency... I have this showing up on my credit bureaus which is crippling to me as I start to try to rebuild my life after a year of very little employment. I cannot rent an apartment or get a car loan.'

Consumer Financial Protection Bureau. "Complaint 4389089." Consumer Financial Protection Bureau -- Consumer Complaint Database. Published May 19, 2021. Accessed April 23, 2023. https://www.consumerfinance.gov/data-research/consumer-complaints/





#### MEDICAID ENROLLMENT AND POTENTIAL BENEFITS FOR NEWLY UNEMPLOYED

#### "... I was UNEMPLOYED with NO MEDICAL INSURANCE... /

suspected that I have [COVID-19] as I was very ill and having difficulty breathing. The Emergency room doctor here ran extremely expensive test[s], most of which were unnecessary... Thousands of dollars I have been charged just to go to the emergency room to make sure I did not have COVID. ... Now they have turned me over to a collection agency... I have this showing up on my credit bureaus which is crippling to me as I start to try to rebuild my life after a year of very little employment. I cannot rent an apartment or get a car loan.'

> Consumer Financial Protection Bureau. "Complaint 4389089." Consumer Financial Protection Bureau --Consumer Complaint Database. Published May 19, 2021. Accessed April 23, 2023. https://www.consumerfinance.gov/dataresearch/consumer-complaints/



Susan B. was employed by the same business for 21 years, but was let go from her job early during the COVID-19. Almost instantly, should could not afford the medicines she needed to control her blood pressure and kidney disease.

*"I am so grateful Medicaid was there when I really needed it," .... "It's literally saving my life."* 

After the 2007-2009 Great Recession, **Linda Y**—**a cancer survivor—became routinely underemployed**. Soon afterwards, her husband became unemployed thus losing coverage benefits from his employer. After Medicaid expanded in her state, she was then able to resume accessing critically needed care.

- <text><text><text><text><text><text><text><text><text><text><text><text><text><text><text>
- "Medicaid really provides such a baseline for society," …. "It maintained my health so I was able to continue working."



After **Gail B**. was diagnosed with treatable breast cancer at 47, *she lost her job and employer-sponsored coverage*. With support from the Illinois Breast and Cervical Cancer Program, she was able to get the remainder of her treatments financed through Medicaid coverage:

"Fortunately I wasn't on Medicaid long," .... "But when I really needed it, it was there for me. It supported me through a time of crisis."





#### MEDICAID ENROLLMENT AND POTENTIAL BENEFITS FOR NEWLY UNEMPLOYED

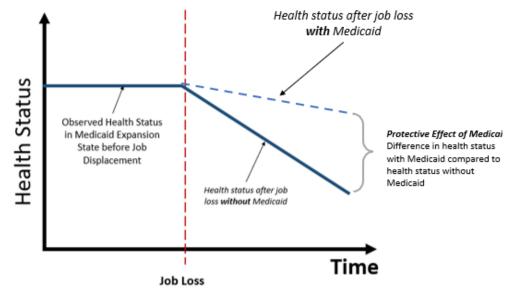
SIMILARITIES TO UNEMPLOYMENT INSURANCE

#### Coverage stability

- Lower incidence of uninsurance following job loss
- Shorter gaps without coverage

## Continuity in healthcare access

- Maintain chronic condition management
- Prescription drug fills/refills

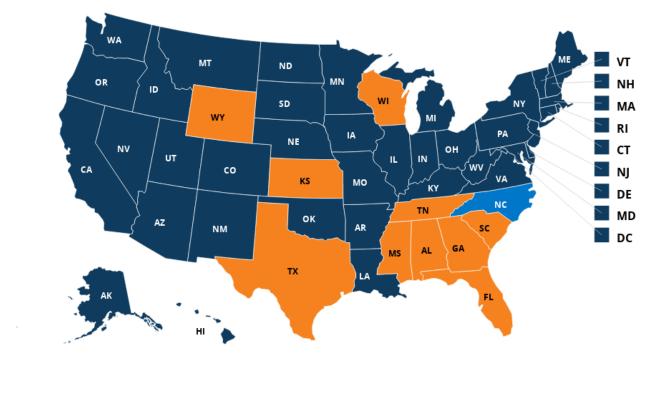


#### Protection from OOP burden

- Lower likelihood of delay/forgo medical need due to cost (i.e., because of coverage and income loss)
- Lower likelihood of medical debt



#### EXPANDED MEDICAID ELIGIBILITY FACILITATES MORE ENROLLMENTS AMONG THE UNEMPLOYED



Status of State Action on the Medicaid Expansion Decision

Adopted and Implemented Adopted but Not Implemented Kot Adopted

SOURCE: KFF, kff.org



#### EXPANDED MEDICAID ELIGIBILITY FACILITATES MORE ENROLLMENTS AMONG THE UNEMPLOYED

JAMA Health Forum.				DATAWATCH COVID-19 HEALTH AFFAIRS > VOL. 42, NO. 5:	MARKETS, PAYMENTS & MORE	
				Changes In Health Coverage During		
				The COVID-19 Pandemic		
	ployment-Related Health			Paul D. Jacobs and Asako S. Moriya		
in Medicaid Expansior	ys Nonexpansion States	During the COVID-19 P	andemic	AFFILIATIONS V		
Joseph Benitez, PhD	Figure 2. Health Insurance Coverage Levels	by State Medicaid Expansion Status and 2020	Employment Statu	PUBLISHED: MAY 2023	s https://doi.org/10.1377/hlthaff.2022.01	469
	A Employer sponsored 60  Expansion  None	B Marketplace or exchange 60		$\equiv$ sections $\bigcirc$ view article	🕆 permissions < share 🕨 tools	
		50- 50- \$ 40-		Abstract The COVID-19 pandemic had the	E	DONAT
	400	1 1 20- 10	400		Medicaid Enrollme	ent among the
	0 2019 2020 2019		2019 2020	pandemic. Fewer people who ha than in 2018–19 (7.8 percent).	Unemployed Durir	ng the COVID-19
	Employed Unemp	loyed Employed	Unemployed		Pandemic and Bey	0
	60	60 ]		8		
	50- % 40-	50- × 40-		E.C.	Joseph Benitez , Elizabeth Williams y , and Rob Published: Dec 13, 2022	in Rudowitz 😏
	5 40 30-	s' au apy 30	т	ELSEVIER	,	
	P P P	L P P 20-	- F		(f) 🖤 (in) 🖾 🖨	
			T I			
	2019 2020 2019 Employed Unemp	2020 2019 2020 loyed Employed	2019 2020 Unemployed	Health	Insurance, Labor	Market Shocks. a
	AMA Health Forum. 2022-3(6):e221632. doi:10.1001/iamahealthforum.2022.1632					
	JOI/Jamaneaithrorum.2022.1632		_ Mental Health During the First Year of the			
A Health Forum.				COVID-19 Crisis 🛪		
			Uninsured Medicald Physic insurate			
and Ethnic Differences in Insurance Outcomes After Jo				Sanders Korenman 🝳 🖂 , Rosemary T. Hyson		
g the First Year of the COVID-19 Pandemic						
MSc; José J. Escarce, MD, PhD; Dennis Rünger, PhD; Ja	ames Campbell, BA; Peter J. Huckfeldt, PhD	Whee Whee	#	DOE 1	0.1111/1475-6773.14029	
-		-30 -20 -10 0 10 20 30 -40 -30 - Percensage-point change	20 -10 0 10 20 30 4 Percentage-point change	RES	EARCHARTICLE	HSR Health Services Res
		Continuously employed	1			
					VID-19-related Medicaid enr	ollment in Medicaid expansion
				an	d non-expansion states	
		White White		Jose	ph A. Benitez PhD <sup>1</sup>   Lisa Dubay PhD <sup>2</sup>	•
Edit f	ooter to add departmen	-30 -30 -10 0 10 20 30 -40 -30 -	20 -10 0 10 20 30 4		2	

#### **REMAINING CONSIDERATIONS FOR MEDICAID POLICY**

Medicaid 'population' is dynamic; still much to know about the sub-population of non-traditional or *non-core* Medicaid enrollees

- Unemployment is at all-time low, but employment stability among non-core Medicaid population is uncertain
  - Constitutes Medicaid's safety net population
  - New insights on Medicaid's role as a household stabilizer (~unemployment insurance)
  - Impacts of other policy levers shaping Medicaid take-up and disenrollment
- Impacts of unwinding COVID-19 PHE policies on non-core Medicaid population
  - Coverage status and access to alternative coverage sources among disenrolled
  - Persons with Long-COVID complications still on Medicaid





# THANK YOU!

JOSEPH BENITEZ, PHD JOSEPH.BENITEZ@UKY.EDU

