Arkansas Health & Opportunity for Me Life360 HOMEs

Medicaid and Behavioral Health
Council of State Governments Medicaid Academies
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State Representative Fran Cavenaugh
Janet Mann, State Medicaid Director







ARHOME Medicaid 1115 Waiver Demonstration

- 1. Improve health outcomes among Arkansans in:
 - Maternal and infant health
 - Rural health
 - Behavioral health
 - Chronic disease
- 2. Provide opportunities to **reduce poverty** through employment, education, and training.
- 3. Slow the growth in spending for ARHOME while maintaining the economic and fiscal benefits of coverage through Qualified Health Plans.



Life360 HOME Concept

DHS contracts with hospitals to provide intensive care coordination for ARHOME enrollees most at risk through three types of Life360 HOMEs:

- ✓ Maternal: home visiting services to women with high-risk pregnancies
 - DHS received seven (7) Letters of intent (LOIs) and three (3) applications
 - DHS has approved three (3) LOIs
- ✓ Rural: care coordination services to individuals with serious mental illness or substance abuse disorders living in rural areas
 - DHS has received one LOI and has approved one LOI
- ✓ Success: help with life skills and social-related health needs for young adults most at risk (e.g., former foster youth and formerly incarcerated)
 - DHS has not yet received a LOI

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All medical services continue to be provided through QHP or traditional Medicaid; Life360s provide supplemental supports only.

Maternal Life360 Concept

Birthing hospital contracts with evidence-based home visiting provider to

- Provide home visiting services to women with high-risk pregnancies during pregnancy and for up to two years after baby's birth
- Ensure screening of SDOH and closed-loop referrals to community resources
- Conduct community outreach to OB/GYNs, community service providers, etc. to increase awareness of the program, eligibility and how to refer



Rural Life360 Concept

Rural hospitals who become a Life360 HOME will

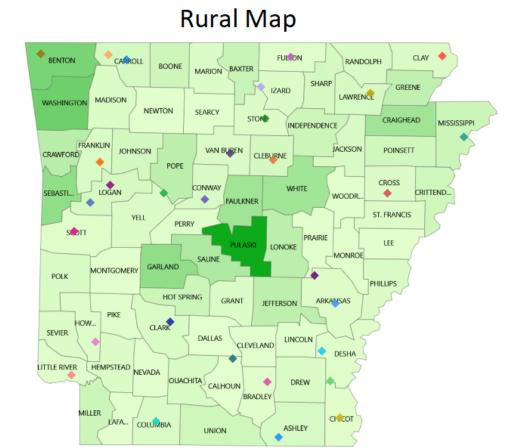
- Conduct community screens for health-related social needs and intensive care coordination for enrolled beneficiaries
- Provide beneficiaries with a serious mental illness or substance use disorder with intensive care coordination, including SDOH screening and referrals, for up to 24 months
- Initiate person-centered action plan (PCAP) with client to identify and achieve goals for medical and behavioral health care and resources for SDOH needs and having a crisis plan.
- Operate Acute Crisis Unit available 24/7
- Ensure community outreach and a community referral network

Rural Life360: Beneficiary Eligibility

To receive care coordination:

- Be enrolled in ARHOME*
- Have a diagnosis of SMI or SUD
- Live in Life360 service area
 *PASSE managed care not enrolled in ARHOME

About 12,800 ARHOME beneficiaries in rural counties with SUD diagnosis and about 48,000 with SMI diagnoses in 2021 (about 52,000 unduplicated)





Rural Life360: Monitoring Metrics

- Person-Centered Action Plan (PCAP) milestone achievement
- PCP assigned, hospital admissions and re-admissions, emergent and non-emergent ED visits
- BH therapy visits
- Drug/alcohol treatment
- Follow-up after hospitalization for mental illness
- Follow-up after ED visit for alcohol and other drug abuse or dependence
- Follow-up after ED visit for mental illness



Success Life360 Concept

- Life360 HOME acute care hospital contracts with community organization with experience working with young adults at risk of long-term poverty to build life skills
- Life360 helps young adults in ARHOME (four target groups)
 with health-related social needs, including finding safe
 housing, accessing education, applying for employment,
 etc.
- Beneficiaries receive services for up to 24 months

DHS will monitor: PCAP milestones and health outcomes such as preventative care, stable housing, FPL increases, employment, etc.



Life360 Funding

Payment Type	Maternal	Rural	Success
Start up			
Monthly payment for Home Visiting per enrollee			·
Intensive Care Coordination			
Transportation			
Technology			
Per-Person Success Award			
Emergency Equipment and Training			
Acute Care Unit Observation and Stabilization Staff			





Provider and Beneficiary Information

Life360 HOMES website:

Ar.gov/Life360

Rural Map





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